

**IRIS B. MAUSS**

**Curriculum Vitae**

Department of Psychology  
University of California, Berkeley  
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***Academic Positions***

Assistant Professor, Department of Psychology, University of Denver (2005-2012).  
Assistant Professor, Department of Psychology, University of California, Berkeley (2012-present).

***Education***

Ph.D. in Psychology, Stanford University (2005).  
M.A. in Psychology (with highest honors), Heinrich-Heine University, Düsseldorf, Germany (1997).  
B.A. in Psychology, University of Trier, Germany (1993).

***Fellowships and Awards***

Stanford Psychology Department, Award for Excellence in Teaching (2004).  
NIMH Consortium in Affective Science, Predoctoral Fellowship (2000 – 2003).  
Stanford University, Graduate Research Award (2003).  
Society for Personality and Social Psychology, Travel Award (2003).  
Norman H. Anderson Research Award (2002, 2004).  
Amsterdam Symposium on Feelings and Emotions, Travel Award (2002).  
Social Cognitive Neuroscience, Travel Award (2001).  
Stanford University, Graduate Fellowship, Tuition and Stipend (1998–2000).

***Grants***

Professional Research Opportunities for Faculty, University of Denver (2010-2012).  
    *“Mindfulness-based cognitive therapy and prevention of depression relapse.”*  
    – \$20,000      Role: PI  
Templeton Grant in Positive Neuroscience (2010-2012).  
    *“Using positive reappraisal to counter negative emotion: Its neural mechanisms and role in resilience.”* – \$165,000 (direct costs)      Role: co-PI (with Kateri McRae)  
R21AG031967 National Institute on Aging (2008-2010).  
    *“The impact of reappraisal ability on adjustment to stressful life events.”* – \$235,000 (direct costs)  
    Role: PI  
Faculty Research Fund, University of Denver (2007-2008).  
    *“The role of emotion regulation and genetic vulnerabilities in predicting adjustment to stressful life events.”* – \$2,990      Role: PI  
Professional Research Opportunities for Faculty, University of Denver (2006-2008).

“Interpersonal trauma and emotion regulation: Vulnerability to long-term negative outcomes.”  
– \$15,000      Role: PI

### Research Interests

- Health effects of emotion and emotion regulation.
- Automatic and deliberate emotion regulation.
- Coherence and dissociation of response systems in emotion and emotion regulation.
- Sociocultural norms regarding emotion and emotion regulation.

### Publications

- Consedine, N. S., & **Mauss, I. B.** (in press). Tasks, capacities, and tactics: A skill-based conceptualization of emotion regulation across the lifespan. In P. Verhaegen & C. Hertzog, (Eds.), *Emotion, social cognition and everyday problem solving during adulthood*. Oxford University Press.
- Mauss, I. B.**, \*Savino, N. S., \*Anderson, C. L., Weisbuch, M., Tamir, M., & Laudenslager, M. L. (in press). The pursuit of happiness can be lonely. *Emotion*.
- Troy\*, A. S., Shallcross\*, A. J., Davis\*, T. S., **Mauss, I. B.** (in press). History of mindfulness-based cognitive therapy is associated with increased cognitive reappraisal ability. *Mindfulness*.
- \*Wolff, B. C., Wadsworth, M. E., Wilhelm, F. H., & **Mauss, I. B.** (2012). Children’s vagal regulatory capacity predicts attenuated sympathetic stress reactivity in socially supportive contexts: Evidence for a protective effect of the vagal system. *Development and Psychopathology*, 24, 677-689.
- Gruber, J., **Mauss, I. B.**, & Tamir, M. (2011). A dark side of happiness? How, when, and why happiness is not always good. *Perspectives on Psychological Science*, 6, 222-233.
- \*Hopp, H., \*Troy, A. S., & **Mauss, I. B.** (2011). The unconscious pursuit of emotion regulation: Implications for psychological health. *Cognition and Emotion*, 25, 532-545.
- Hsieh, F., Ferrer, E., \*Chen, S., **Mauss, I. B.**, John, O. P., & Gross, J. J. (2011). A network approach for evaluating coherence in multivariate systems: An application to psychophysiological emotion data. *Psychometrika*, 76, 124-152.
- Mauss, I. B.**, \*Shallcross, A. J., \*Troy, A. S., John, O. P., Ferrer, E., Wilhelm, F. H., & Gross, J. J. (2011). Don’t hide your happiness! Positive emotion dissociation, social connectedness, and psychological functioning. *Journal of Personality and Social Psychology*, 100, 738-748.
- Mauss, I. B.**, Tamir, M., \*Anderson, C. L., & \*Savino, N. S. (2011). Can seeking happiness make people unhappy? Paradoxical effects of valuing happiness. *Emotion*, 11, 807-815.
- Tamir, M., & **Mauss, I. B.** (2011). Social-cognitive factors in emotion regulation: Implications for well-being. In I. Nyklicek, A. Vingerhoets, M. Zeelenberg, & J. Denollet (Eds.), *Emotion regulation and well-being* (pp. 31-47). New York: Springer.
- \*Troy, A. S., & **Mauss, I. B.** (2011). Resilience in the face of stress: Emotion regulation ability as a protective factor. In S. Southwick, D. Charney, M. Friedman, & B. Litz (Eds.), *Resilience to stress* (pp. 30-44). Cambridge University Press.
- Mauss, I. B.**, & Butler, E. A. (2010). Cultural background moderates the relationship between emotion control values and cardiovascular challenge versus threat responses. *Biological Psychology*, 84, 521-530.

- Mauss, I. B.**, Butler, E. A., Roberts, N. A., & \*Chu, A. (2010). Emotion control values and responding to an anger provocation in Asian-American and European-American individuals. *Cognition and Emotion*, 24, 1026-1043.
- Schooler, J. W., & **Mauss, I. B.** (2010). To be happy and to know it: The experience and meta-awareness of pleasure. In M. L. Kringelbach & K. C. Berridge (Eds.), *Pleasures of the brain* (pp. 244-254). Oxford University Press.
- \*Shallcross, A. J., \*Troy, A. S., \*Boland, M., & **Mauss, I. B.** (2010). Let it be: Accepting negative emotional experiences predicts decreased negative affect and depressive symptoms. *Behaviour Research and Therapy*, 48, 921-929.
- \*Troy, A. S., \*Shallcross, A. J., Wilhelm, F. H., & **Mauss, I. B.** (2010). Seeing the silver lining: Cognitive reappraisal ability moderates the relationship between stress and depression. *Emotion*, 10, 783-795.
- Mauss, I. B.**, & Robinson, M. D. (2009). Measures of emotion: A review. *Cognition and Emotion*, 23, 209-237. Reprinted in 2010 in J. De Houwer & D. Hermans (Eds.), *Cognition and emotion. Reviews of current research and theories* (pp. 99-127). New York: Taylor and Francis.
- Bailenson, J. N., \*Pontikakis, E. D., **Mauss, I. B.**, Gross, J.J., \*Jabon, M.E., \*Hutcherson, C.A., Nass, C., & John, O. (2008). Real-time classification of evoked emotions using facial feature tracking and physiological responses. *International Journal of Human Machine Studies*, 66, 303-317.
- Mauss, I. B.**, Bunge, S. A., & Gross, J. J. (2008). Culture and automatic emotion regulation. In M. Vanderkerckhove, C. von Scheve, S. Ismer, S. Jung, & S. Kronast (Eds.), *Regulating emotions: Culture, social necessity, and biological inheritance* (pp. 39-60). London: Blackwell Publishing.
- McRae, K., Ochsner, K. N., **Mauss, I. B.**, Gabrieli, J. J. D., & Gross, J. J. (2008). Gender differences in emotion regulation: An fMRI study of cognitive reappraisal. *Group Processes and Intergroup Relations*, 11, 143-162.
- Mauss, I. B.**, Bunge, S. A., & Gross, J. J. (2007). Automatic emotion regulation. *Social and Personality Psychology Compass*, 1, 146-167.
- Mauss, I. B.**, \*Cook, C. L., \*Cheng, J. Y. J., & Gross, J. J. (2007). Individual differences in cognitive reappraisal: Experiential and physiological responses to an anger provocation. *International Journal of Psychophysiology*, 66, 116-124.
- Mauss, I. B.**, \*Cook, C. L., & Gross, J. J. (2007). Automatic emotion regulation during an anger provocation. *Journal of Experimental Social Psychology*, 43, 698-711.
- Siemer, M., **Mauss, I. B.**, & Gross, J. J. (2007). Same situation - different emotions: How appraisals shape our emotions. *Emotion*, 7, 592-600.
- Mauss, I. B.**, Evers, C., Wilhelm, F. H., & Gross, J. J. (2006). How to bite your tongue without blowing your top: Implicit evaluation of emotion regulation predicts affective responding to anger provocation. *Personality and Social Psychology Bulletin*, 32, 589-602.
- Mauss, I. B.**, Levenson, R. W., McCarter, L., Wilhelm, F. H., & Gross, J. J. (2005). The tie that binds? Coherence among emotional experience, behavior, and autonomic physiology. *Emotion*, 5, 175-190.
- Wilhelm, F. H., Pfaltz, M. C., Gross, J. J., **Mauss, I. B.**, Kim, S. I., & Wiederhold, B. K. (2005). Mechanisms of virtual reality exposure therapy: The role of the behavioral activation and behavioral inhibition systems. *Applied Psychophysiology and Biofeedback*, 30, 271 - 284.
- Mauss, I. B.**, Wilhelm, F. H., & Gross, J. J. (2004). Is there less to social anxiety than meets the eye? Emotion experience, expression, and bodily responding. *Cognition and Emotion*, 18, 631-662.
- Mauss, I. B.**, & Gross, J. J. (2004). Emotion suppression and cardiovascular disease: Is hiding your

- feelings bad for your heart? In L.R. Temoshok, A. Vingerhoets, & I. Nyklicek (Eds.), *The expression of emotion and health* (pp. 62-81). London: Brunner-Routledge.
- Mauss, I. B.,** Wilhelm, F. H., & Gross, J. J. (2003). Autonomic recovery and habituation in social anxiety. *Psychophysiology*, 40, 648-653.
- Brown, W. M., Bensafi, M. B., Bremner, E. A., Mainland, J. D., Johnson, B. N., Young, N. L., **Mauss, I. B.,** Ray, B., Gross, J., Richards, J., Stappen, I., Levenson, B., & Sobel, N. (2003). Sex-steroid derived compounds induce sex-specific effects on autonomic nervous system function in humans. *Behavioral Neuroscience*, 117, 1125-34.
- Egloff, B., Wilhelm, F. H., \*Neubauer, D. H., **Mauss, I. B.,** & Gross, J. J. (2002). Implicit anxiety measure predicts cardiovascular reactivity to an evaluated speaking task. *Emotion*, 2, 3-11.
- Vogt, J., **Mauss, I. B.,** Lahl, O., & Kalveram, K. T. (1997). The relative impact of aircraft noise and number: A full factorial laboratory design. In A. Schick & M. Klatte (Eds.), *Contributions to psychological acoustics* (pp. 99-106). Oldenburg: BIS.

\*Students and postdoctoral fellows

### *Selected Conference and Invited Talks*

- Mauss, I. B.,** & Troy, A. S. (2012). The adaptiveness of emotion regulation depends on its context: A person-by-situation account of psychological-health implications of emotion regulation. Association for Psychological Science, Chicago, IL.
- Mauss, I. B.** (2012). Discussant in symposium on “When positive is negative and vice versa: Counterintuitive findings in emotional information-processing.” Association for Psychological Science, Chicago, IL.
- Kogan, A., Gruber, J., & **Mauss, I.B.** (2012). More is not always better: Moderation not maximization of cardiac vagal tone predicts greatest prosociality. Paper presented at the Annual Convention for the Association of Psychological Science, Chicago, IL.
- Mauss, I. B.** (2012). Measuring emotions: Implications for basic theory and clinical science. ADINEU meeting, Buenos Aires, Argentina.
- Mauss, I. B.** (2012). Less can be more: Emotion regulation and psychological health. ADINEU meeting, Buenos Aires, Argentina.
- Mauss, I. B.** (2012). Assessing two basic assumptions: Do emotional responses cohere during emotional responding and is greater coherence always a good thing? Society for Personality and Social Psychology, San Diego, CA.
- McRae, K., **Mauss, I. B.,** Ciesielski, B. G., Zarolia, P., Ford, B. Q., & Davis, T. (2012). Cognitive emotion regulation in recently stressed women: Differential effects of increasing positive affect and decreasing negative affect. Society for Personality and Social Psychology, San Diego, CA.
- Mauss, I. B.,** Shallcross, A. J., Ford, B. Q., & Floerke, V. A. (2011). The role of acceptance in emotional well-being across the life span. Society for Psychophysiological Research, Boston, MA.
- Mauss, I. B.** (2011). Less is more: Paradoxical pursuits in emotion regulation and implications for psychological health. University of Chicago, Booth School of Business, Chicago, IL.
- Hopp, H., Troy, A. S., & **Mauss, I. B.** (2011). The unconscious pursuit of emotion regulation: Implications for psychological health. Society for Personality and Social Psychology, San Antonio, TX.

- Mauss, I. B.**, Anderson, C. L., & Savino, N. S. (2011). Can wanting to be happy make people unhappy? Paradoxical effects of valuing happiness. Society for Personality and Social Psychology, San Antonio, TX.
- Troy, A. S., & **Mauss, I. B.** (2011). Navigating stressful events: The protective effects of emotion regulation ability. Society for Personality and Social Psychology, San Antonio, TX.
- Mauss, I. B.** (2010). Emotion regulation ability and resilience. Invited talk in the Colorado State University Social Psychology colloquium series, Fort Collins, CO.
- Mauss, I. B.** (2010). Emotion regulation ability and resilience. Invited talk in the Developmental Psychobiology Research Group, Denver, CO.
- Mauss, I. B.**, & Butler, E. A. (2010). Emotion-regulatory goals mediate cultural differences in emotional responding. Society for Personality and Social Psychology, Las Vegas, NV.
- Mauss, I. B.**, & Caston, A. T. (2009). Seeing the silver lining: Cognitive reappraisal ability moderates the relationship between stress and depression. Association for Psychological Science, San Francisco, CA.
- Mauss, I. B.** (2009). Co-chair and discussant in symposium on “Automatic emotion regulation: Neural bases and implications for psychological health.” Association for Psychological Science, San Francisco, CA.
- Caston, A. T., Shallcross, A. J., **Mauss, I. B.** (2009). Resilience in the face of stress: The ability to down-regulate negative versus up-regulate positive emotions differentially predicts depression and well-being. Western Psychological Association, Portland, OR.
- Caston, A. T., Shallcross, A. J., & **Mauss, I. B.** (2008). Seeing the silver lining: Cognitive reappraisal ability moderates the relationship between stress and depression. XXIX International Congress of Psychology, Berlin, Germany.
- Mauss, I. B.** (2008). Cultural background, emotion control values, and emotional responding. Annual meeting of the American Psychological Society, Chicago, IL.
- Mauss, I. B.** (2008). Emotion regulation: Affective consequences and implications for psychological health. Psychology Colloquium Series, Free University, Berlin, Germany.
- Quirin, M., & **Mauss, I. B.** (2008). Co-chair and discussant in symposium on “Implicit affective processes: Implications for social cognition and self regulation.” Annual meeting of the Society for Social and Personality Psychology, Albuquerque, NM.
- Mauss, I. B.** (2007). Automatic emotion regulation and anger. Invited talk at the annual meeting of the Western Psychological Association, Vancouver, British Columbia, Canada.
- Mauss, I. B.** (2007). Automatic emotion regulation and anger. Invited talk at the Institute for Personality and Social Psychology, UC Berkeley, CA.
- Mauss, I. B.** (2006). Are there emotion “modules”? Response system coherence in emotions. Neuroscience Research Group, University of Denver, CO.
- Mauss, I. B.** (2006). Cool, calm, and unconscious: Automatic emotion regulation and anger. Social Psychology Colloquium, University of Colorado, Boulder.
- Butler, E. A., Wilhelm, F. H., **Mauss, I. B.**, Gross, J. J. (2006). Respiratory sinus arrhythmia and the implicit evaluation of emotion regulation during social interaction. Annual meeting of the Society for Psychophysiological Research, Vancouver, British Columbia, Canada.
- Mauss, I. B.** (2006). Automaticity and emotion regulation. Psychology Colloquium Series, University of British Columbia, Vancouver, British Columbia, Canada.
- Mauss, I. B.** & Gross, J. J. (2006). Cool, calm, and unconscious: Automatic emotion regulation and responses to an anger provocation. Annual meeting of the Society for Social and Personality Psychology, Palm Springs, CA.
- Mauss, I. B.** & Gross, J. J. (2004). Blow your top or bite your tongue: Automatic emotion regulation and anger. Annual meeting of the Society for Psychophysiological Research, Santa Fe, NM.

- Mauss, I. B.** (2004). Blow your top or bite your tongue: Automatic anger regulation. Psychology Colloquium Series, University of Wisconsin, Madison, WI.
- Mauss, I. B.** (2003). Blow your top or bite your tongue: Anger regulation and health. Psychology Colloquium Series, University of California, Irvine, CA.
- Mauss, I. B.** (2003). Blow your top or bite your tongue: Implicit and explicit processes in anger regulation. Psychology Colloquium Series, Vassar College, NY.
- Mauss, I. B.** (2003). Blow your top or bite your tongue: Implicit processes in anger regulation. Annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, CA.
- Mauss, I. B.** (2002). Implicit processes in emotion regulation. Annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, CA.
- Mauss, I. B., & Gross, J. J.** (2002). Emotion suppression and cardiovascular disease. 24th European Conference on Psychosomatic Research, Lisbon, Portugal.
- Mauss, I. B., Yu, C.-Y., & Gross, J. J.** (2002). Implicit models of emotion influence emotional responding. 12th Conference of the International Society for Research on Emotion, Cuenca, Spain.
- Mauss, I. B.** (2001). Is there less to social anxiety than meets the eye? Experience of social anxiety and bodily responding. Annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, CA.
- Mauss, I. B., & Gross, J. J.** (2000). Emotion suppression and cardiovascular disease. 12th Annual Convention of the American Psychological Society, Miami Beach, FL.
- Mauss, I. B., Vogt, J., & Kalveram, K. T.** (1998). Annoyance responses to aircraft noise. 137th meeting of the Acoustical Society of America, Seattle, WA.
- Mauss, I. B., Vogt, J., Donath, T., & Kalveram, K. T.** (1997). Annoyance responses to aircraft noise. 39th Annual Meeting of Experimental Psychologists, Berlin, Germany.

### *Conference Posters*

- Kutner, J. S., Fairclough, D. L., Laudenslager, M. L., **Mauss, I. B.**, Natvig, C., Eckhardt, S. G. (2012). Psychosocial stress among family carers of persons enrolling in Phase 1 oncology clinical trials. European Association for Palliative Care, Prague, Czech Republic.
- Hay, A., Kogan, A., **Mauss, I. B.**, & Gruber, J. (2012). Implicit emotion regulation in bipolar disorder and major depressive disorder: Associations with prospective clinical functioning. Society for Research in Psychopathology, Ann Arbor, MI.
- Shallcross, A.J., Shirk, S.J., Dimidjian, S., Gross, J.J., Holm-Denoma, J., Visvanathan, P.D., Cox, E., Goode, K.M., Ford, B.Q., & **Mauss, I.B.** (2012). Mindfulness based cognitive therapy versus an active control condition: Preliminary results from a randomized clinical trial. International Symposia for Contemplative Studies, Denver, CO.
- Boland, M., Shallcross, A. J., Papa, A., & **Mauss, I. B.** (2012). Emotional acceptance lowers anxiety but not sadness for individuals with high trait negative affect. Emotion pre-conference, Society for Personality and Social Psychology Conference, San Diego, CA.
- Chang, Y.C., Troy, A. S., Shallcross, A. J., Floerke, V. & **Mauss, I. B.** (2012). Cognitive control ability in positive reappraisal across the life span. Emotion pre-conference, Society for Personality and Social Psychology Conference, San Diego, CA.
- Davis, T.S., Barrocas, A.L., **Mauss, I.B.**, Young, J., Abela, J., & Hankin, B.L. Negative affect mediates the relationship between emotion regulation and nonsuicidal self-injury. Emotion pre-conference, Society for Personality and Social Psychology Conference, San Diego, CA.

- Floerke, V. A., Ford, B. Q., & **Mauss, I. B.** (2012). The interaction between valuing and defining happiness predicts psychological health. Emotion pre-conference, Society for Personality and Social Psychology Conference, San Diego, CA.
- Goode, K.M., Shallcross, A.J., & **Mauss, I.B.** (2012). Reappraisal mediates the relationship between mindfulness and decreased depressive symptoms. Emotion pre-conference, Society for Personality and Social Psychology Conference, San Diego, CA. Emotion pre-conference, Society for Personality and Social Psychology Conference, San Diego, CA.
- Hawkes, T. K., Davis, T. S., Troy, A. S., Johnson, D. R., & **Mauss, I. B.** (2012). Two steps forward, two steps back: Taking a self-immersed perspective while engaging in cognitive reappraisal. Emotion pre-conference, Society for Personality and Social Psychology Conference, San Diego, CA.
- Troy, A. S. & **Mauss, I. B.** (2012). The protective effects of cognitive reappraisal ability depend on the context: The role of stress context. Emotion pre-conference, Society for Personality and Social Psychology Conference, San Diego, CA.
- Anderson, C. L., & **Mauss, I. B.** (2012). Whoever desires is always poor: Highly valuing happiness predicts depression symptoms six months later. Society for Personality and Social Psychology, San Diego, CA.
- Ford, B. Q., Hopp, H. H., Shallcross, A. J., Troy, A. S., Wilhelm, F. H., **Mauss, I. B.** (2012). Higher cardiac vagal control is associated with better psychological health under conditions of greater social support: A prospective study. Society for Personality and Social Psychology, San Diego, CA.
- Dutra, S., Reeves, E., **Mauss, I. B.**, & Gruber, J. (2011). When goals are obstructed: A multi-method investigation of trait and state anger in Bipolar Disorder. Society for Research in Psychopathology, Boston, MA.
- Floerke, V. A., Savino, N. S., Laudenslager, M. L., & **Mauss, I. B.** (2011). Valuing happiness decreases progesterone and leads people to be lonelier. Society for Psychophysiological Research, Boston, MA.
- Ford, B. Q., Hopp, H. H., Shallcross, A. J., Troy, A. S., Wilhelm, F. H., **Mauss, I. B.** (2011). Higher cardiac vagal control is associated with better psychological health under conditions of greater social support: A prospective study. Society for Psychophysiological Research, Boston, MA.
- Boland, M., Papa, A., Shallcross, A. J., **Mauss, I. B.** (2011). Benefits of emotional acceptance on anxiety experience after anxiety induction. Emotion Pre-Conference, Society for Personality and Social Psychology, San Antonio, TX.
- Davis, T., Troy, A. S., Moion, P., & **Mauss, I. B.** (2011). Emotion regulation and reactivity among adults with a history of self-injury. Emotion Pre-Conference, Society for Personality and Social Psychology, San Antonio, TX.
- Floerke, V.A., Savino, N.S., & **Mauss, I. B.** (2011). Maybe I could use somebody: Valuing happiness leads people to be lonelier. Emotion Pre-Conference, Society for Personality and Social Psychology, San Antonio, TX.
- Shallcross, A.J., Ford, B.Q., Floerke, V.A. & **Mauss, I.B.** (2011). Getting better with age: Acceptance mediates age-related decreases in negative affect. Emotion pre-conference, Society for Personality and Social Psychology. San Antonio, TX.
- Wolff, B. C., Wadsworth, M. E., Wilhelm, F. H., & **Mauss, I. B.** (2010). Children's vagal regulatory capacity predicts attenuated sympathetic stress reactivity in socially supportive contexts: Evidence for a protective influence of the vagal system. Society for Psychophysiological Research, Portland, OR.

- Savino, N. S., Anderson, C. L., Tamir, M., & **Mauss, I. B.** (2010). Come on, get happy: The ironic effects of the pursuit of happiness. Emotion pre-conference, Society for Social and Personality Psychology, Las Vegas, NV.
- Boland, M., Shallcross, A. J., & **Mauss, I. B.** (2010). Suppression of negative emotion in the development of anxiety. Emotion pre-conference, Society for Social and Personality Psychology, Las Vegas, NV.
- Shallcross, A. J., & **Mauss, I. B.** (2010). Correlates and active ingredients of trait mindfulness. Emotion pre-conference, Society for Social and Personality Psychology, Las Vegas, NV.
- Troy, A. S., & **Mauss, I. B.** (2010). The up-regulation of positive emotions in negative situations predicts well-being. Emotion pre-conference, Society for Social and Personality Psychology, Las Vegas, NV.
- App, B., McIntosh, D. N., & **Mauss, I. B.** (2010). Flexible deployment of rapid facial responses to others predicts communicative success. Emotion pre-conference, Society for Social and Personality Psychology, Las Vegas, NV.
- Wolff, B. C., Wadsworth, M. E., & **Mauss, I. B.** (2009). Mitigating risk for anxiety among young children in poverty: Examining the impact of social support on autonomic stress reactivity. SRCD Biennial Meeting, Denver, CO.
- Caston, A. T., Joormann, J., & **Mauss, I. B.** (2009). What processes support emotion regulation ability? The relationships between attention inhibition, cognitive reappraisal, and distraction. Society for Personality and Social Psychology, Tampa, FL.
- Shallcross, A., & **Mauss, I. B.** (2009). Acceptance of negative emotional experiences moderates effects of stress on depression. Emotion pre-conference, Society for Personality and Social Psychology, Tampa, Florida.
- Hagemann, T., Caston, A. T., Shallcross, A. J., & **Mauss, I. B.** (2008). Religious coping and adjustment to stressful life events. XXIX International Congress of Psychology, Berlin, Germany.
- Butler, E. A., & **Mauss, I. B.** (2008). Culture alters which factors impact the physiological correlates of emotional responding. Annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- Caston, A. T., Shallcross, A. J., & **Mauss, I. B.** (2008). Resilience in the face of stress: Cognitive reappraisal ability moderates the relationship between stress and depression. Emotion preconference of the annual meeting of the Society for Social and Personality Psychology, Albuquerque, NM.
- Shallcross, A. J., Caston, A. T., Prager, E., & **Mauss, I. B.** (2008). Good grief: The ironic benefits of accepting negative experiences on depressive symptoms. Annual meeting of the Society for Social and Personality Psychology, Albuquerque, NM.
- Hall, J.L., McRae, K., Goldin, P., **Mauss, I. B.**, & Gross, J.J. (2006). Individual differences in emotion regulation: Subjective, behavioral, and physiological consequences. Annual meeting of the American Psychological Society, New York, New York.
- Hall, J.L., McRae, K., **Mauss, I. B.**, Goldin, P., & Gross, J.J. (2005). Cognitive reappraisal and expressive suppression: Do individual differences moderate the consequences of emotion regulation? Annual meeting of the Society for Psychophysiological Research, Lisbon, Portugal.
- Pfaltz, M.C., Gross, J.J., Wiederhold, B.K., **Mauss, I. B.**, Kim, S.I., Wilhelm, F.H. (2005). Mechanisms of virtual reality exposure therapy: the role of the behavioral activation and behavioral inhibition systems. Annual meeting of the Society for Psychophysiological Research, Lisbon, Portugal.



- Mauss, I. B., Yu, C.-Y., & Gross, J. J., (2003).** Implicit processes in emotion regulation. Annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.
- Pastuszek, D., **Mauss, I. B., Gross, J.J. (2003).** Implicit regulatory goals and emotional response. Annual meeting of the American Psychological Society, Atlanta, Georgia.
- Wilhelm, F. H., **Mauss, I. B., Pastuszek, D. S., & Gross, J. J. (2003).** A comparison of the Finapres and impedance cardiography for non-invasive estimation of cardiac output during mental stress. Annual meeting of the Society for Psychophysiological Research, Chicago, IL.
- Mauss, I. B., Wilhelm, F. H., Levenson, R. W., & Gross, J. J. (2002).** Do emotions engender response coherence? Experiential, behavioral, and autonomic responses during sadness and amusement. Annual meeting of the Society for Psychophysiological Research, Washington, DC.
- Mauss, I. B., Wilhelm, F. H., Kazsmarska, A., McCarthy, M., & Gross, J. J. (2001).** A vicious cycle? Social anxiety, social performance, and social consequences. Annual meeting of the American Psychological Association, San Francisco, CA.
- Mauss, I. B., Wilhelm, F. H., & Gross, J. J. (2001).** Embodiment of social anxiety. Symposium on Feelings and Emotions, Amsterdam, The Netherlands.
- Mauss, I. B., Wilhelm, F. H., Jones, B. B., & Gross, J. J. (2000).** Autonomic perception and autonomic reality: Is there less to social anxiety than meets the eye? Annual meeting of the Society for Psychophysiological Research, San Diego, CA.
- Hagemann, T., Vogt, J., **Mauss, I. B., & Kalveram, K. T. (1998).** Circadian rhythm of salivary immunoglobulin. Annual meeting of the British Psychophysiology Society, Warwick, UK.

## Teaching

Introduction to Social Psychology  
 Graduate Seminar on Emotion and Emotion Regulation  
 Graduate Seminar on Psychophysiology ("Tools Class")  
 Graduate Seminar on Cultural Psychology

## Reviewing & Editing

Associate editor: *Cognition and Emotion; Journal of Experimental Psychology: General; Social and Personality Psychology Compass: Motivation and Emotion Section*

Consulting editor: *Emotion; Motivation and Emotion; Psychological Science; Psychology of Well-Being; Journal of Personality and Social Psychology: Interpersonal Relations and Group Processes (2009–2011)*

Ad-hoc reviewer: *Anxiety, Stress, and Coping; Behavior Therapy; Behaviour Research and Therapy; Biological Psychiatry; Biological Psychology; Brain and Cognition; Cognitive Behaviour Therapy; Cognitive Therapy and Research; Cognition and Emotion; Current Directions in Psychological Science; Developmental Psychology; Emotion; European Journal of Personality; European Journal of Social Psychology; International Journal of Psychophysiology; Journal of Behavior Therapy and Experimental Psychiatry; Journal of Cognitive Neuroscience; Journal of Experimental Social Psychology; Journal of Happiness Studies; Journal of Individual Differences; Journal of Personality; Journal of Personality and Social Psychology; Journal of Psychosomatic Research; Journal of Research in Personality; Journal of Social and Clinical Psychology; Memory; Motivation and Emotion; Personality and Individual Differences; Personality and Social Psychology Bulletin; Personality and Social Psychology Review; Psychiatry Research; Psychological Bulletin; Psychological Science; Psychology and Aging; Psychophysiology; Social, Cognitive, and*

*Affective Neuroscience; Social and Personality Psychology Compass; Social Psychological and Personality Science*

Grants: UK Economic and Social Research Council, Large Grant Scheme (2008); NSF (2010, 2011); Society for Psychophysiological Research (SPR) Training Awards (2008, 2009).

***Professional Activities and Service***

Review committee for the Greater Good Fellowship Program (2012).  
 Co-Chair of IPSR (Institute for Personality and Social Research) colloquium series (2012–2013).  
 Instructor of workshop on “Studying Emotions in the Laboratory” at the annual convention of the Association for Psychological Science, Chicago, IL (2012).  
 Steering committee for center on aging, University of Denver (2010).  
 Steering committee for summer institute of social psychology (SISP) of the Society for Social and Personality Psychology (SPSP; member: 2010–2011; co-chair 2012–2014).  
 Hosted mentor lunch for graduate students at 2010 meeting of the Society for Personality and Social Psychology (SPSP), Las Vegas, NV.  
 Co-instructor of two-week workshop on “Biological Bases of Social Behavior and Personality” at the Summer Institute of Social Psychology, Evanston, IL (2009).  
 Co-organized the emotion pre-conference for the Society for Personality and Social Psychology (2008; 2009). [www.emotionpreconference.org](http://www.emotionpreconference.org)  
 Conference program committee for the meeting of the Society for Psychophysiological Research (SPR; 2006).  
 Conference program committee for the meeting of the Society for Social and Personality Psychology (SPSP; 2012).  
 Institutional Review Board, University of Denver (2005—2010).  
 Professional Research Opportunities for Faculty (PROF) committee, University of Denver (2008).  
 Science Writing: “Control your anger! Should you regulate your emotional reactions or let them rip?” *Scientific American: Mind*, December 2005, 64–71.  
 Graduation speech at the 2005 psychology department graduation, Stanford University.  
 Co-organized Personality Area Research Colloquium Series, Stanford University (2002–2003).  
 Co-organized the Stanford-Berkeley Talks in Social and Personality Psychology (2000).

***Association Memberships***

Society of Experimental Social Psychology (2012 – present).  
 International Society for Research on Emotion (2002 – present).  
 Society for Social and Personality Psychology (2002 – present).  
 Association for Psychological Science (2000 – present).  
 Society for Psychophysiological Research (2000 – present).